



Sharon M. Garcia
Principal



Janice L. Carr
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Dear SFX Parents,

In August, Rush NeuroBehavioral Center will be training the SFX faculty in their Executive Functions Curriculum. Executive Function are the cognitive processes that allow people to plan, make decisions, pay attention and regulate behavior. All of us use Executive Function skills to solve problems and evaluate the decisions we make. Research suggests a strong correlation between student success, both academically and socially, and executive function skills. Many members of our faculty have received training in the past and have experienced the success of students who develop their executive function skills.

St. Francis Xavier will be implementing Rush's Executive Function Skills Curriculum in Grades 4-8 in an effort to teach our students some skills that will help them further succeed in school. Throughout the year, the teachers will engage students in hands-on activities in the following areas:

- Foundational Units – Classroom Structure, Materials and Time-Management
- Study Strategies – Memory, Following Directions, Note-Taking and Test Preparation
- Personal Growth Units – Goals Setting, Decision Making and Learning Strengths

In order to effectively implement this program with complete fidelity, each student in Grades 4-8 will be provided with supplies that are suggested by Rush. These supplies include a 3-ring binder, 8 color-coded subject area folders and a pencil pouch. We are pleased to use some of the Building Our Future funds, collected in excess of the \$130,000 goal, to implement this program. There will be a cost to replace any of these supplies.

We are excited to bring this curriculum to the students of St. Francis Xavier.

Sincerely,

Sharon M. Garcia
Principal